



# MENU



Fuel your afternoon with a healthy school lunch from Mellors

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT CHOICE</b>	Margarita pizza with diced potatoes and seasonal vegetables <b>5 A DAY</b>	Chicken curry with rice and seasonal vegetables	Roast chicken, with vegetables and roast potatoes <b>5 A DAY</b>	Tomato pasta with broccoli with seasonal vegetables <b>5 A DAY</b>	Fish of the day with chips
<b>JACKET POTATO</b>	Jacket potato with cheese and beans	Jacket potato with beans	Jacket potato with coleslaw and cheese	Jacket potato with tuna and salad	Jacket potato with cheese and beans
<b>COLD CHOICE</b>	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad
<b>DESSERT</b>	Vanilla Shortbread Or Fruit or Yogurt <b>5 A DAY</b>	Fruit cocktail Or Raisins Or Yogurt <b>5 A DAY</b>	Strawberry Angel Delight Or Fruit or Yogurt <b>5 A DAY</b>	Fruit or Fruit Yogurt <b>5 A DAY</b>	Ice-cream Or Fruit or Fruit yogurt