



MENU



Fuel your afternoon with a healthy school lunch from Mellors

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT CHOICE	Macaroni cheese with garlic bread slice with seasonal vegetables 5 A DAY	Sausages with mash potato and beans 5 A DAY	Roast chicken, with vegetables and roast potatoes 5 A DAY	Bolognaise pasta with seasonal vegetables 5 A DAY	Fish of the day with chips and peas 5 A DAY
JACKET POTATO	Jacket potato with coleslaw and cheese	Jacket potato with cheese and beans 5 A DAY	Jacket potato with tuna and salad	Jacket potato with coleslaw and cheese	Jacket potato with cheese and salad
COLD CHOICE	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad	Cheese or Ham sandwich with salad
DESSERT	Vanilla Shortbread Or Fruit Or Fruit Yogurt 5 A DAY	Fruit cocktail or Raisins or Fruit Yogurt 5 A DAY	Strawberry Angel Delight Or Fruit or Fruit Yogurt 5 A DAY	Fruit or Fruit Yogurt 5 A DAY	Ice-cream Or Fruit Or Fruit yogurt