



Vision

With the teachings of Jesus as our guide, we embrace a creative and ambitious curriculum to ignite a passion for learning. We prepare our children for a rapidly changing world by equipping them with critical and creative thinking skills, independence, resilience and respect for our core school values.

Believe to Achieve

'Living life to the full' (John 10:10)

Our School Values:

Koinonia, Trust, Forgiveness, Friendship, Love,
Thankfulness, Respect

All Saints' C.E. (C) Primary School

**Personal, Social, Health and Economic
Education**

&

Relationships and Sex Education Policy

Rationale/Introduction

Personal, Social, Health and Economic Education (PSHE) helps to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens.

Relationships and Sex Education (RSE) can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships.

The primary topics within RSE became statutory for all schools from September 2020. All Saints' CE Primary School has taken on board the new government guidance and sees RSE as lifelong learning about sex, sexuality, emotions, relationships and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

This policy has been developed in consultation with the school's governing body, which includes parent/carer representatives and school staff.

Aims and objectives

Children need the self-awareness, confidence and positive self-esteem to:

- develop a sense of well-being and esteem
- play an active role as a member of a global democratic society;
- develop independence and responsibility;
- to promote healthy friendships which are inclusive to all;
- show a respect for diversity and the differences between people, their values and opinions;
- have worthwhile and fulfilling relationships at home, school and in the wider community;
- develop skills such as communication, enquiry and participation
- keep themselves and others safe, including when using the internet;
- stay as healthy as possible;
- protect themselves and feel empowered to say 'no' along with asking for support and help;
- prepare pupils for puberty and adulthood.

PSHE and RSE are taking place all the time in school. It is reflected in the ethos of the school, the nature of relationships, particularly the provision of positive role models, the displays in school and the outside environment of the school. However, there will be particular instances when PSHE is taught:

- in the classroom as a discrete subject, using the Entrust programme of study;
- in the classroom as part of the broader curriculum;

- in assemblies;
- on school visits;
- by visitors to school;
- through curriculum enrichment (e.g. raising money for charity or taking part in a local community venture);
- through involvement in the School Council.

Teaching and Learning

PSHE and RSE has a curriculum in which skills, knowledge and values are revisited and developed to provide continuity and progression. It will be taught in a way that engages pupils in a variety of activities appropriate to their age, ability and previous experience. At All Saints' we use the Entrust programme of study which is designed as a whole school approach, with each year group covering the same topics year on year but with differing and progressive content.

The six topics are:-

- Me and my School
- Me and my Relationships
- Happy and Healthy Me
- Me and my Safety
- Me and Other People
- Me in the World

This Scheme of Work is used as a basis for planning and lessons are adapted to suit the needs of the children in our school.

PSHE and RSE lessons are delivered by the class teacher in a dedicated teaching slot and also in other subject areas through cross-curricular links, such as Science, PE and Computing. They are underpinned by our school values of Love, Forgiveness, Friendship, Thankfulness, Trust, Respect and Koinonia.

Teaching and Learning in Relationships and Sex Education

At All Saints' we believe that the class teacher is the best person to implement most of the relationships and sex programme. They will ensure they use a range of teaching methods including establishing ground rules, using distancing techniques, being able to deal with spontaneous issues, using appropriate materials and encouraging reflection. Teachers will seek help and advice from the PSHE coordinator if they are unsure on any aspects of the curriculum.

Pupils with special educational needs and learning difficulties are included and where appropriate the contents of the scheme of work will be modified to meet individual needs. There may be times when visitors, such as the school nurse, are approached to support the relationships and sex programme. When this occurs, the class teachers will liaise with the visitor on the content of the lesson. Before the sex education part of RSE takes place, a letter will be sent out to inform parents and carers of the topics to be taught and offering them the chance to find out more about the content. The PSHE coordinator is responsible for ensuring that the school has an effective scheme of work and that staff feel confident and secure in their teaching of relationships and sex education. Pupils will be taught knowledge, skills and understanding through opportunities to:

- take and share responsibility;
- reflect through mindfulness techniques;
- value themselves and others;
- be an active partner in their own learning;
- meet and talk with people;
- develop relationships through work and play, both in school and in the local community;
- consider social and moral dilemmas they come across in everyday life;
- prepare for changes - physical, emotional and social.

Assessment, Recording and Reporting

Assessment will be based upon the clear expectations of what the children will know, understand and be able to do. Children will be encouraged to talk about and reflect on their own experiences. Each class has a PSHE/RSE Reflection Book where the children's ideas, thoughts and responses to themes are recorded in the form of post-its, photos and written work.

Parents and the Local Community

At All Saints' we aim for PSHE and RSE to complement the personal and social development of children provided in the home and the local community. A high priority is working with parents and is a vital part of the whole school approach. Parents are encouraged to become involved in the life of the school and are kept fully informed of the school's policies.

All saints' invites a wide range of representatives, including the School Nurse, local businesses, the Police, local religious and community based figures, to talk to the children about topics planned and agreed in advance.

Right of Withdrawal from RSE

Parents have the right to withdraw their children from those aspects of relationships and sex education not included in the National Curriculum. However, this rarely happens and by working in partnership most parents recognise the importance of this aspect of their child's education.

Confidentiality

Teachers may be party to sensitive information about pupils, some of this perhaps relating to illegal activity. All staff need to be clear about the rules of confidentiality and reporting. They should always ensure they follow the schools Child Protection and Safeguarding Procedures when necessary.

Equality of Opportunity

PSHE and RSE includes the study of culture, ethnic diversity, physical differences and difference of experience. Through such study, children can acquire understanding of and respect for other people and their values. In PSHE and RSE children should learn that open mindedness and the questioning of assumptions are valuable attributes. The nature of PSHE and RSE lends itself to study by children with a range of different abilities; children can work on the same content at different rates and levels.

Monitoring and Review

The PSHE Subject Leader provides support and advice to other members of staff, monitors quality of teaching and is responsible for evaluating and reviewing the programme and provision for PSHE and RSE across the school. They will also engage children in talking about their learning in PSHE and RSE to look at recorded work. Teachers are asked to maintain their PSHE/RSE Reflection books for monitoring and review on a termly basis. Staff development is encouraged by providing opportunities for staff to update and extend their knowledge and expertise in PSHE and RSE.

Policy Links

PSHE and RSE is linked closely to other cross-curricular policies including:

- ∪ Health and Safety;
- ∪ Positive Behaviour Policy and Anti-bullying;
- ∪ Single Equalities;

- ∪ Child Protection and Safeguarding;
- ∪ Drug Education and Incident;
- ∪ E-Safety

Policy reviewed October 2020

Next review October 2022